

Ethno Pharmacology and Sacred Groves: Utility of Indigenous Knowledge System with Special Reference to Meghalaya State

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Abstract—The word ‘ethno pharmacological’ refers to the scientific study of substances used medicinally, especially folk remedies, by different ethnic or cultural groups. The term ‘indigenous knowledge’ is used to describe the knowledge systems developed by a community as opposed to the scientific knowledge that is generally referred to as ‘modern’ knowledge. Indigenous knowledge is the basis for local-level decision-making in many rural communities. It has value not only for the culture in which it evolves, but also for scientists and planners striving to improve conditions in rural localities. Incorporating indigenous knowledge into climate-change policies can lead to the development of effective adaptation strategies that are cost-effective, participatory and sustainable. In this study seeks to present the importance of traditional belief system especially in the dependency of medication for a better health.

Keyword: Ethnopharmacological, Medicinally, Indigenous, Strategies, Transcendental.